

# Gluten and Dairy Free Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 20 <sup>th</sup> April 11 <sup>th</sup> May 1 <sup>st</sup> June 22 <sup>nd</sup> June 13 <sup>th</sup> July	Tomato, Basil & Mozzarella Pasta Bake with Salad or Peas	Grilled Chicken Burger with Potato Wedges & Sweetcorn or Cheese & Tomato Panini	Roast Turkey with Trimmings & Mixed Veg	Chicken Curry with Basmati Rice & Prawn Crackers or Veggie Curry with Basmati Rice	Battered Fish with Chips, Beans or Peas
<b>Week 2</b> 27 <sup>th</sup> April 18 <sup>th</sup> May 8 <sup>th</sup> June 29 <sup>th</sup> June	Katsu Chicken Curry with Basmati Rice or Sweet Potato & Spinach Balti with Rice	Chicken Fajita or Magherita Pizza with Salad & Sweetcorn	Roast Gammon with Trimmings & Mixed Veg	Hunters Chicken with Savoury Rice, Salad or Peas or Tomato & Basil Pasta Bake	Battered Fish with Chips, Beans or Peas
<b>Week 3</b> 4 <sup>th</sup> May 25 <sup>th</sup> May 15 <sup>th</sup> June 6 <sup>th</sup> July	Meat or Veggie Brunch	Lasagne or Roasted Veg Lasagne with Salad	Roast Pork with Trimmings & Mixed Veg	Chia Chicken Wrap or Veggie Fajita with Salad	Battered Fish with Chips, Beans or Peas

**pudding** Cake of the day or Jelly

**Cheese, Ham, Tuna packed lunches, Jacket Potatoes or Soup**

**Please can all intolerance/allergen orders be placed a week in advance**

**Meal - £2.75      Meal & Pudding - £3.15      Meal, Pudding & Drink - £3.80**